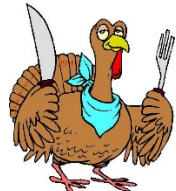


Peace Meal Senior Nutrition Program November 2025

3 Sloppy Joes & Bun Rosemary Potatoes Seasoned Green Beans Fruit	4 Fried Chicken Twice Baked Mashed Potatoes Seasoned Carrots Pea Salad Bread/Roll	5 Meat Lasagna Broccoli Corn Cinnamon Applesauce	6 Baked Ham Sweet Potatoes Roasted Brussels Sprouts Pumpkin Fluff Bread/Roll	7 Chicken Breast & Bun Savory Baked Beans California Blend Italian Pasta Salad
10 Breakfast Casserole Paco Blend Vegetables Hot Fruit Fruit Juice Whole Grain Muffin	11 Chili Mac & Pasta Cauliflower Venetian Vegetables Fruit Pudding Salad	12 Chicken Pot Pie & Biscuit Harvest Blend Seasoned Greens Fruit	13 Beef Stew Corn Fruit Crisp Coleslaw Bread/Roll	14 Ground Beef Taco Salad Fruit Whole Grain Chips Dessert Surprise
17 Pork Fritter & Bun German Potato Salad Roasted Corn Fruit	18 Meatloaf Mashed Potatoes & Gravy Honey Basil Carrots Fruit Bread/Roll	19 Settlers Beef & Beans Roasted Root Vegetables Dreamsicle Salad Cornbread	20 Turkey & Stuffing Sweet Potatoes Green Bean Casserole Cranberry Salad Bread/Roll	21 Garlic Chicken Pasta & Vegetables Stewed Tomatoes Hot Fruit Compote
24 Biscuit & Gravy Roasted Potatoes Hot Spiced Apples Fruit Juice	25 Chicken Fajitas Tortilla, Onions, Bell Peppers Mexican Green Beans Pears Mexican Rice	26 Beef & Noodles Carrots & Peas Golden Buttered Hominy 3 Bean Salad	27 CLOSED FOR THANKSGIVING 	28 CLOSED FOR THANKSGIVING 

For Peace Meal Reservations call Central Office 1-800-543-1770

Skim milk and desserts with no sugar added are available in many locations.

Ask the Site Supervisor for information.

Sometimes we need to substitute on our menus. We still guarantee a nutritious meal.

The Peace Meal Senior Nutrition Program suggests a donation of \$4.00 for each congregate and home delivered meal. No older person shall be denied a meal because of their inability to contribute towards the cost of the meal.

We accept the Illinois Link Card.

Peace Meal Senior Nutrition Program December 2025

1 Sloppy Joes & Bun Rosemary Potatoes Seasoned Green Beans Fruit	2 Fried Chicken Twice Baked Mashed Potatoes Seasoned Carrots Pea Salad Bread/Roll	3 Meat Lasagna Broccoli Corn Cinnamon Applesauce	4 Baked Ham Sweet Potatoes Roasted Brussels Sprouts Pumpkin Fluff Bread/Roll	5 Chicken Breast & Bun Savory Baked Beans California Blend Italian Pasta Salad
8 Breakfast Casserole Paco Blend Vegetables Hot Fruit Fruit Juice Whole Grain Muffin	9 Chili Mac & Pasta Cauliflower Venetian Vegetables Fruit Pudding Salad	10 Chicken Pot Pie & Biscuit Harvest Blend Seasoned Greens Fruit	11 Beef Stew Corn Fruit Crisp Coleslaw Bread/Roll	12 Ground Beef Taco Salad Fruit Whole Grain Chips Dessert Surprise
15 Pork Fritter & Bun German Potato Salad Roasted Corn Fruit	16 Meatloaf Mashed Potatoes & Gravy Honey Basil Carrots Fruit Bread/Roll	17 Settlers Beef & Beans Roasted Root Vegetables Dreamsicle Salad Cornbread	18 Turkey & Stuffing Sweet Potatoes Green Bean Casserole Cranberry Salad Bread/Roll	19 Garlic Chicken Pasta & Vegetables Stewed Tomatoes Hot Fruit Compote
22 Biscuit & Gravy Roasted Potatoes Hot Spiced Apples Fruit Juice	23 Chicken Fajitas Tortilla, Onions, Bell Peppers Mexican Green Beans Pears Mexican Rice	24 CLOSED CHRISTMAS EVE 	25 CLOSED CHRISTMAS DAY 	26 Cheeseburger Soup Caesar Salad Broccoli Salad Fruit Bread/Roll
29 Sloppy Joes & Bun Rosemary Potatoes Seasoned Green Beans Fruit	30 Fried Chicken Twice Baked Mashed Potatoes Seasoned Carrots Pea Salad Bread/Roll	31 Meat Lasagna Broccoli Corn Cinnamon Applesauce	1 CLOSED NEW YEARS DAY 	2 CHEF'S CHOICE 

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