

## Instructions - Colon Cancer Screening Kit

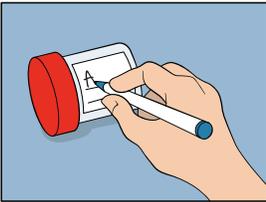
### Stool Sample Collection Instructions



Your kit includes a :

- pair of gloves
- biohazard bag
- blue paper bag
- collection hat
- sterile container
- wooden spatula

# 1



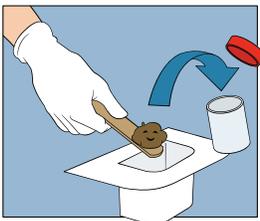
On top the lid of the sterile container write the date and time the sample was collected.

# 2



- Thoroughly wash your hands and put on the gloves.
- Urinate prior to stool collection.  
**Do not urinate in collection hat.**
- Lift the toilet seat and place the collection hat on the rim.
- Close the toilet seat to hold the collection hat in place.

# 3



Use the wooden spatula to transfer some of your sample from the collection hat into the sterile container. *Note* – Do not overfill the sterile container.

# 4



- Secure the lid once the specimen has been placed into the sterile container.
- Discard the collection hat and wooden spatula.
- Place the sterile container inside the biohazard bag, and then place the biohazard bag inside the blue paper bag.
- Discard gloves and thoroughly wash your hands.

# 5



Immediately after collection, return the blue paper bag to the lab or one of the specified drop off locations during business hours.

If immediate drop off is not possible, refrigerate and return the sample to the lab within 48 hours.

### Returning the Stool Sample

Please return a sample by **April 30, 2026**.

For any questions please contact:  
Jerica Thrasher, LPN, at **217-258-4155**.

Note: A specimen should not be collected from a person with the following conditions that may interfere with the test results:

- Menstrual bleeding
- Constipation bleeding
- Bleeding hemorrhoids
- Urinary bleeding

### SBL Drop-off Locations

#### Charleston Walk-In Clinic

2040 Lincoln Ave., Suite 100

7 am - 7 pm— Mon to Fri

8 am - 3 pm— Sat and Sun

#### Effingham Walk-In Clinic

SBL Bonutti Clinic

1303 West Evergreen Ave., Suite 100

Entrance B

7 am - 7 pm— Mon to Fri

8 am - 3 pm— Sat and Sun

#### Mattoon Walk-In Clinic

1220 Wooddell Way, Suite B

Emerald Acres Sports Complex

7 am - 7 pm— Mon to Fri

8 am - 3 pm— Sat and Sun

#### Tuscola Clinic and Walk-In Clinic

1100 Tuscola Blvd.

7 am - 7 pm— Mon to Fri

8 am - 3 pm— Sat and Sun