

Peace Meal Senior Nutrition Program May 2026

				1 Chicken Salad Sandwich Chili Cherry Delight Tangy Coleslaw
4 Pulled Pork & Bun Rosemary Potatoes Cream Style Corn Bean Medley Salad	5 Chicken Tetrazzini Peas & Carrots Harvard Beets Fruit	6 Meatloaf Mashed Potatoes & Gravy Green Beans Creamy Coleslaw Bread/Roll	7 Mushroom Crusted Chicken Hash Brown Casserole California Blend Vegetables Berry Fluff	8 Loaded Taco Casserole Stewed Tomatoes Roasted Corn & Black Beans Side Salad Whole Grain Chips
11 Pork Tenderloin & Bun Baked Beans Corn Cinnamon Applesauce	12 Orange Chicken Meatballs Midori Vegetables Cauliflower Poppseed Slaw Brown Rice	13 Goulash Basil Carrots Broccoli Peaches Bread	14 Salmon Burger & Bun German Potato Salad Succotash Pea Salad	15 Salisbury Steak Mashed Potatoes & Gravy Nantucket Vegetables Pineapple Crunch Cake Bread/Roll
18 Creamed Chicken & Biscuit Baby Bakers Seasoned Brussels Sprouts Apricots	19 Braised Pork Burrito Beans & Sweet Potatoes Zucchini & Squash Apple Slaw Tortillas	20 Fried Chicken Delmonico Potatoes Garlic Chalet Vegetables Kidney Bean Salad Bread/Roll	21 Stuffed Peppers Golden Buttered Hominy Green Beans Broccoli Cauliflower Salad Bread/Roll	22 Beef Stroganoff Tarragon Carrots Peas & Pearl Onions Caesar Salad
25 CLOSED 	26 Creamy Ranch Pasta with Ham Roasted Sweet Potatoes Peas Pears	27 Biscuits & Gravy Paco Vegetables Hot Spiced Apples Fresh Fruit	28 Beef & Pepper Stir Fry over Rice Garlic Green Beans Robust Vegetable Medley Cucumber Salad	29 Chicken Salad Sandwich Chili Cherry Delight Tangy Coleslaw

For Reservations Call 1-800-543-1770

Skim milk and desserts with no sugar added are available in many locations.

Ask the Site Supervisor for information.

Sometimes we need to substitute on our menus. We still guarantee a nutritious meal.

The Peace Meal Senior Nutrition Program suggests a donation of \$4.00 for each congregate and home delivered meal. No older person shall be denied a meal because of their inability to contribute towards the cost of the meal.

We accept the Illinois Link Card.

Peace Meal Senior Nutrition Program June 2026

1 Meatball Sub Tater Tots Hot Seasoned Greens Tropical Fruit	2 Creamy Ranch Pasta with Ham Roasted Sweet Potatoes Peas Pears	3 Biscuits & Gravy Paco Vegetables Hot Spiced Apples Fresh Fruit	4 Beef & Pepper Stir Fry over Rice Garlic Green Beans Robust Vegetable Medley Cucumber Salad	5 Chicken Salad Sandwich Chili Cherry Delight Tangy Coleslaw
8 Pulled Pork & Bun Rosemary Potatoes Cream Style Corn Bean Medley Salad	9 Chicken Tetraxzini Peas & Carrots Harvard Beets Fruit	10 Meatloaf Mashed Potatoes & Gravy Green Beans Creamy Coleslaw Bread/Roll	11 Mushroom Crusted Chicken Hash Brown Casserole California Blend Vegetables Berry Fluff	12 Loaded Taco Casserole Stewed Tomatoes Roasted Corn & Black Beans Side Salad Whole Grain Chips
15 Pork Tenderloin & Bun Baked Beans Corn Cinnamon Applesauce	16 Orange Chicken Meatballs Midori Vegetables Cauliflower Poppyseed Slaw Brown Rice	17 Goulash Basil Carrots Broccoli Peaches Bread	18 Salmon Burger & Bun German Potato Salad Succotash Pea Salad	19 Salisbury Steak Mashed Potatoes & Gravy Nantucket Vegetables Pineapple Crunch Cake Bread/Roll
22 Creamed Chicken & Biscuit Baby Bakers Seasoned Brussels Sprouts Apricots	23 Braised Pork Burrito Beans & Sweet Potatoes Zucchini & Squash Apple Slaw Tortillas	24 Fried Chicken Delmonico Potatoes Garlic Chalet Vegetables Kidney Bean Salad Bread/Roll	25 Stuffed Peppers Golden Buttered Hominy Green Beans Broccoli Cauliflower Salad Bread/Roll	26 Beef Stroganoff Tarragon Carrots Peas & Pearl Onions Caesar Salad
29 Stay Tuned..... This will be on the July menu	30 Stay Tuned..... This will be on the July menu			

For Reservations Call 1-800-543-1770

Skim milk and desserts with no sugar added are available in many locations.

Ask the Site Supervisor for information.

Sometimes we need to substitute on our menus. We still guarantee a nutritious meal.

The Peace Meal Senior Nutrition Program suggests a donation of \$4.00 for each congregate and home delivered meal. No older person shall be denied a meal because of their inability to contribute towards the cost of the meal.

We accept the Illinois Link Card.