

## Peace Meal Senior Nutrition Program May 2026

				<b>1</b> Chicken Salad Sandwich Chili Cherry Delight Tangy Coleslaw
<b>4</b> Pulled Pork & Bun Rosemary Potatoes Cream Style Corn Bean Medley Salad	<b>5</b> Chicken Tetrazzini Peas & Carrots Harvard Beets Fruit	<b>6</b> Meatloaf Mashed Potatoes & Gravy Green Beans Creamy Coleslaw Bread/Roll	<b>7</b> Mushroom Crusted Chicken Hash Brown Casserole California Blend Vegetables Berry Fluff	<b>8</b> Loaded Taco Casserole Stewed Tomatoes Roasted Corn & Black Beans Side Salad Whole Grain Chips
<b>11</b> Pork Tenderloin & Bun Baked Beans Corn Cinnamon Applesauce	<b>12</b> Orange Chicken Meatballs Midori Vegetables Cauliflower Poppseed Slaw Brown Rice	<b>13</b> Goulash Basil Carrots Broccoli Peaches Bread	<b>14</b> Salmon Burger & Bun German Potato Salad Succotash Pea Salad	<b>15</b> Salisbury Steak Mashed Potatoes & Gravy Nantucket Vegetables Pineapple Crunch Cake Bread/Roll
<b>18</b> Creamed Chicken & Biscuit Baby Bakers Seasoned Brussels Sprouts Apricots	<b>19</b> Braised Pork Burrito Beans & Sweet Potatoes Zucchini & Squash Apple Slaw Tortillas	<b>20</b> Fried Chicken Delmonico Potatoes Garlic Chalet Vegetables Kidney Bean Salad Bread/Roll	<b>21</b> Stuffed Peppers Golden Buttered Hominy Green Beans Broccoli Cauliflower Salad Bread/Roll	<b>22</b> Beef Stroganoff Tarragon Carrots Peas & Pearl Onions Caesar Salad
<b>25</b> <b>CLOSED</b> 	<b>26</b> Creamy Ranch Pasta with Ham Roasted Sweet Potatoes Peas Pears	<b>27</b> Biscuits & Gravy Paco Vegetables Hot Spiced Apples Fresh Fruit	<b>28</b> Beef & Pepper Stir Fry over Rice Garlic Green Beans Robust Vegetable Medley Cucumber Salad	<b>29</b> Chicken Salad Sandwich Chili Cherry Delight Tangy Coleslaw

**For Reservations Call 1-800-543-1770**

Skim milk and desserts with no sugar added are available in many locations.

Ask the Site Supervisor for information.

Sometimes we need to substitute on our menus. We still guarantee a nutritious meal.

The Peace Meal Senior Nutrition Program suggests a donation of \$4.00 for each congregate and home delivered meal. No older person shall be denied a meal because of their inability to contribute towards the cost of the meal.

We accept the Illinois Link Card.

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<b>1</b> Pulled Pork & Bun Rosemary Potatoes Cream Style Corn Bean Medley Salad	<b>2</b> Chicken Tetraxzini Peas & Carrots Harvard Beets Fruit	<b>3</b> Meatloaf Mashed Potatoes & Gravy Green Beans Creamy Coleslaw Bread/Roll	<b>4</b> Mushroom Crusted Chicken Hash Brown Casserole California Blend Vegetables Berry Fluff	<b>5</b> Loaded Taco Casserole Stewed Tomatoes Roasted Corn & Black Beans Side Salad Whole Grain Chips
<b>8</b> Pork Tenderloin & Bun Baked Beans Corn Cinnamon Applesauce	<b>9</b> Orange Chicken Meatballs Midori Vegetables Cauliflower Poppyseed Slaw Brown Rice	<b>10</b> Goulash Basil Carrots Broccoli Peaches Bread	<b>11</b> Salmon Burger & Bun German Potato Salad Succotash Pea Salad	<b>12</b> Salisbury Steak Mashed Potatoes & Gravy Nantucket Vegetables Pineapple Crunch Cake Bread/Roll
<b>15</b> Creamed Chicken & Biscuit Baby Bakers Seasoned Brussels Sprouts Apricots	<b>16</b> Braised Pork Burrito Beans & Sweet Potatoes Zucchini & Squash Apple Slaw Tortillas	<b>17</b> Fried Chicken Delmonico Potatoes Garlic Chalet Vegetables Kidney Bean Salad Bread/Roll	<b>18</b> Stuffed Peppers Golden Buttered Hominy Green Beans Broccoli Cauliflower Salad Bread/Roll	<b>19</b> Beef Stroganoff Tarragon Carrots Peas & Pearl Onions Caesar Salad
<b>22</b> Meatball Sub Tater Tots Hot Seasoned Greens Tropical Fruit	<b>23</b> Creamy Ranch Pasta with Ham Roasted Sweet Potatoes Peas Pears	<b>24</b> Biscuits & Gravy Paco Vegetables Hot Spiced Apples Fresh Fruit	<b>25</b> Beef & Pepper Stir Fry over Rice Garlic Green Beans Robust Vegetable Medley Cucumber Salad	<b>26</b> Chicken Salad Sandwich Chili Cherry Delight Tangy Coleslaw
<b>29</b> Stay Tuned..... This will be on the July Menu	<b>30</b> Stay Tuned..... This will be on the July Menu			

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