

Peace Meal Senior Nutrition Program June 2026

1 Pulled Pork & Bun Rosemary Potatoes Cream Style Corn Bean Medley Salad	2 Chicken Tetrzzini Peas & Carrots Harvard Beets Fruit	3 Meatloaf Mashed Potatoes & Gravy Green Beans Creamy Coleslaw Bread/Roll	4 Mushroom Crusted Chicken Hash Brown Casserole California Blend Vegetables Berry Fluff	5 Loaded Taco Casserole Stewed Tomatoes Roasted Corn & Black Beans Side Salad Whole Grain Chips
8 Pork Tenderloin & Bun Baked Beans Corn Cinnamon Applesauce	9 Orange Chicken Meatballs Midori Vegetables Cauliflower Poppyseed Slaw Brown Rice	10 Goulash Basil Carrots Broccoli Peaches Bread	11 Salmon Burger & Bun German Potato Salad Succotash Pea Salad	12 Salisbury Steak Mashed Potatoes & Gravy Nantucket Vegetables Pineapple Crunch Cake Bread/Roll
15 Creamed Chicken & Biscuit Baby Bakers Seasoned Brussels Sprouts Apricots	16 Braised Pork Burrito Beans & Sweet Potatoes Zucchini & Squash Apple Slaw Tortillas	17 Fried Chicken Delmonico Potatoes Garlic Chalet Vegetables Kidney Bean Salad Bread/Roll	18 Stuffed Peppers Golden Buttered Hominy Green Beans Broccoli Cauliflower Salad Bread/Roll	19 Beef Stroganoff Tarragon Carrots Peas & Pearl Onions Caesar Salad
22 Meatball Sub Tater Tots Hot Seasoned Greens Tropical Fruit	23 Creamy Ranch Pasta with Ham Roasted Sweet Potatoes Peas Pears	24 Biscuits & Gravy Paco Vegetables Hot Spiced Apples Fresh Fruit	25 Beef & Pepper Stir Fry over Rice Garlic Green Beans Robust Vegetable Medley Cucumber Salad	26 Chicken Salad Sandwich Chili Cherry Delight Tangy Coleslaw
29 Stay Tuned..... This will be on the July Menu	30 Stay Tuned..... This will be on the July Menu			

For Peace Meal Reservations call 1-800-543-1770

Skim milk and desserts with no sugar added are available in many locations.


Ask the Site Supervisor for information.

Sometimes we need to substitute on our menus. We still guarantee a nutritious meal.

The Peace Meal Senior Nutrition Program suggests a donation of \$4.00 for each congregate and home delivered meal. No older person shall be denied a meal because of their inability to contribute towards the cost of the meal.

We accept the Illinois Link Card.

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29 Ham & Beans Cornbread Copper Carrots Applesauce	30 Meatloaf Twice Baked Mashed Potatoes Lima Beans Hawaiian Salad Bread/Roll	1 Chicken Strips Scalloped Potatoes Green Beans Mandarin Oranges Bread/Roll	2 Spaghetti & Meat Sauce Seasoned Greens Corn Broccoli Salad	3 Closed  In Observance of the 4th July
6 BBQ Pork Riblet on a Sub Bun Tater Tots Black Eyed Peas Cucumber Salad	7 Chicken Alfredo California Blend Vegetables Peas Fruit Salad	8 Hamburger on a Bun Cheesy Potatoes Cherry Crisp Creamy Coleslaw	9 Baked Ham Sweet Potatoes Roasted Seasoned Brussels Sprouts Dreamsicle Salad Bread/Roll	10 Fried Chicken Baked Beans Corn Potato Salad Roll
13 Biscuits & Gravy Roasted Vegetables Spiced Apples Juice	14 Chili Mac Cauliflower Nantucket Vegetables Fruit	15 Country Fried Steak Mashed Potatoes & Gravy Cinnamon Glazed Carrots Tropical Fruit Bread/Roll	16 Chicken Fajitas & Tortillas Mexican Green Beans Pears Mexican Rice	17 Ham, Turkey & Cheese Sub Fresh Tomato Salad 3 Beans Salad Summer Fruit Salad
20 Sloppy Joes on a Bun Rosemary Potatoes Corn Pineapple	21 Breakfast Casserole Paco Blend Vegetables Warm Fruit Juice Bread	22 Beef & Noodles Carrots & Peas Golden Buttered Hominy Watergate Salad	23 Brat on a Bun Baked Beans Fruit Crisp Vegetable Pasta Salad	24 Chef Salad (Ham, Turkey, Cheese & Veggies) Banana Split Fluff Salad Roll & Croutons
27 Ham & Beans Cornbread Copper Carrots Applesauce	28 Meatloaf Twice Baked Mashed Potatoes Lima Beans Hawaiian Salad Bread/Roll	29 Chicken Strips Scalloped Potatoes Green Beans Mandarin Oranges Bread/Roll	30 Spaghetti & Meat Sauce Seasoned Greens Corn Broccoli Salad	31 Chicken Enchilada Casserole Stewed Tomatoes Roasted Corn & Black Beans Fruit

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