

Peace Meal Senior Nutrition Program

April 2025

March 31 Sloppy Joes & Bun German Potato Salad Corn Fruit	1 Glazed Ham Sweet Potatoes Peas Fruit Bread/Roll	2 Meatloaf Twice Baked Mashed Potatoes Green Beans Coleslaw Bread/Roll	3 Orange Chicken Over Rice Broccoli Midori Vegetables Pineapple	4 Salmon Burger & Bun Macaroni Salad with Vegetables Baked Beans Cherry Crisp
7 King Ranch Chicken Casserole Corn & Black Beans Stewed Tomatoes Fruit Bread/Roll	8 Cheese Salad Vegetable Beef Soup Coleslaw Mixed Fruit Bread/Roll	9 Hamburger & Bun Tater Tots Baked Beans Broccoli- Cauliflower Salad	10 Chicken Fajitas Onions & Peppers Tortillas Mexican Rice Mexican Green Beans Pears	11 Tuna Casserole Peas Carrots Tomato Salad
14 Pork Carnita Sandwich Roasted Potatoes Mixed Vegetables Fruit	15 Beef Tips in Gravy over Noodles Peas Golden Buttered Hominy Cinnamon Pears	16 Stuffed Chicken Breast Broccoli Rice Casserole Roasted Brussels Sprouts Fruit Bread/Roll	17 Ground Beef Taco Salad Black Beans, Salsa Tomatoes, Sour Cream Fruit Whole Grain Chips Dessert Surprise	18 <p style="text-align: center;">CLOSED</p> <p style="text-align: center;">FOR</p> <p style="text-align: center;">GOOD FRIDAY</p>
21 Biscuits & Gravy Paco Vegetables Hot Fruit Fruit Juice	22 Fried Chicken Parsley Potatoes Hot Greens Peaches Bread/Roll	23 Swiss Steak Cheesy Potatoes Carrots Fruit Bread/Roll	24 Baked Spaghetti Broccoli Corn Romaine Side Salad	25 Southern Breaded Fish & Bun Pinto Beans Nantucket Vegetables Bacon Ranch Potato Salad
28 Sloppy Joes & Bun German Potato Salad Corn Fruit	29 Glazed Ham Sweet Potatoes Peas Fruit Whole Grain Bread/Roll	30 Meatloaf Twice Baked Mashed Potatoes Green Beans Coleslaw Bread/Roll		

For Reservations Call 1-800-543-1770

Skim milk and desserts with no sugar added are available in many locations.

Ask the Site Supervisor for information.

Sometimes we need to substitute on our menus. We still guarantee a nutritious meal.

The Peace Meal Senior Nutrition Program suggests a donation of \$4.00 for each congregate and home delivered meal. No older person shall be denied a meal because of their inability to contribute towards the cost of the meal.

We accept the Illinois Link Card.